

Mind Control Outline

To make learning the script easier, here is an outline of the high points of the script along with my notations for time estimates for how long each section takes for me to perform them. Your performing cadence and style will certainly be different from mine.

*In addition, I have also indicated in **blue** instances in the show where we are doing some kind of propless “involvement” – either with volunteers or with the entire audience. Notes in **red** indicate where there is a prop of some sort used.*

1. Introductory Remarks/Optical Illusions– 4min

To determine if mind control is possible, we first need to understand how the mind works.

2. Subconscious/Conscious/Critical Factor Section – 6min

- a. Demonstrating the Subconscious with the ABCs
- b. Shaking hands
- c. Jumping off the roof
- d. Thumbs
- e. Hand-to-Cheek – why this works is because...

3. Visual Influence Section – 5min

- a. Circle/Triangle & explanation – ...a lot of our information intake is below our conscious awareness
- b. RAS explanation – car, video game, shoes you really wanted
- c. B'Wave

4. Rapport Section – 4min

- a. What is rapport?
 - i. Breathing
 - ii. Matching /Mirroring
 - iii. Friends / comfort / safety
- b. PK Touches

5. Ideo-Motor Response Section – 10min

- a. Pendulums – beliefs in crystals & energy
- b. Magnetic fingers
- c. Light/heavy hands
- d. Drawings – micro-expressions/body language
- e. How Psychics work

6. Metaphors & Deception – 7min

- a. Stories put us in a trance
- b. Movies, TV, spoken word, books
- c. Once in trance, Critical Factor is bypassed
- d. Mind Controllers understand that a good story gives us hope
- e. Some mind controllers use outright deception
 - i. Politicians & stats

- ii. Advertisers & “Sugar Free” (corn syrup)
- iii. Psychics & Deception (leads to squeezer)

f. **Squeezer**

7. Waking Hypnosis Section – 11min

- a. **6 of Clubs** – Finding the right person for Ball & Tube
- b. **Ball & Tube**
- c. We are “hypnotized” every day
 - i. TV
 - ii. Movies
 - iii. Music
 - iv. Advertisers use this against us
- d. **Book Test**
 - i. Explain embedded vocal commands
 - ii. Bowling Ball story

8. SUMMARY – People can influence (but not control) us by... 2min

- a. Understanding how the human mind works
- b. Understanding how rapport works & what it is
- c. Understanding that people slip into an “altered” or “trance” state multiple times a day
- d. Understanding that most of the information we take in is BELOW our awareness
- e. Understanding that what we see/perceive is not necessarily the TRUTH
- f. Understanding that we communicate not just with words but with body language, facial expressions, etc.
- g. This allows those who understand this stuff to influence us in amazing ways
 - i. Creating false rapport...below our conscious awareness
 - ii. This lowers the critical factor
 - iii. Then we are more likely to accept “suggestions” in various forms

9. Hypnosis Section – 9min

- a. Quickly cover myths of hypnosis
- b. **Handshake Interrupt**
- c. **Ambiguous Touch**

10. Q&A – 2min

60 minutes